



YOUTH TRACK & FIELD SCHEDULE 2019

Tuesday, April 16 @ Gunnison High School 35 E 600 S St - (Richfield, Nephi, Mt Pleasant, Gunnison, Fillmore)

Thursday, April 25 @ Manti High School - 105 W 500 N Manti (Richfield, Nephi, Mt Pleasant, Gunnison, Fillmore)

Thursday, May 2 @ Juab High School - 802 N 650 E, Nephi (Richfield, Nephi, Mt Pleasant, Gunnison, Fillmore)

Saturday, May 11 Hosted by Provo Recreation— Provo High 9am START (Wasatch, Orem, Nephi, Mt Pleasant)

Tuesday, May 14 @ Westlake High School -99 N 200 W Saratoga Springs (Lehi, Pleasant Grove, Nephi)

Time all Regular Season Meets: 5:00 pm Field Events/ 5:30pm Running Events

South Regional

Wednesday, May 29 @ Spanish Fork High School—99 North 300 West Spanish Fork

Regional Meet times: 4:00 pm Field Events/ 5:00pm Running Events

All Regional awards will be presented at the final practice, not at the meet.

State Meet Saturday, June 15 @ Layton High School—Times TBA/ Youth must qualify at Region Meet.

April Practices:

Monday-April 8
Wednesday-April 10
Monday-April 15
Wednesday-April 17
Monday-April 22
Wednesday- April 24
Monday-April 29

May Practices:

Wednesday-May 1
Monday-May 6
*No practice-May 8-HS MEET
Monday-May 13
Wednesday-May 15
*No practice the last week of
school & Holiday May 20-27

Final Practices:

Tuesday- May 28

*Thursday- May 30 we will
hand out Regional awards and
have an ice cream party at the
Track 10:00am-11:00am.

PRACTICE TIME:

Practice start time for all ages will be 5:30-6:30pm at the Juab High School track (just north of High School). We'll see how many youth register and determine if we need to break that up into age groups or extend training time.



Team Picture Day: May 2; 4:00pm before the Home Track Meet

Pictures will be taken with age group by Amanda Livingston Photography. Personal packages are available and forms will be given to the youth.

Weather: In case of inclement weather, the Recreation Staff will post the status of the practice on our website by **4:30pm**. Info will be posted earlier on meet days in case of inclement weather or cancelled meets. Look on the homepage at www.nephirecreation.com

THANKS TO OUR SPONSORS:



YOUTH TRACK & FIELD 2019

SCHEDULE OF EVENTS

NEW Order of Running Events at Meets

(Will run independent heats by gender)

1600m

9-10 years, 11-12 years, 13-14 years

4 x 100m relay

7-8 years, 9-10 years, 11-12 years, 13-14 years

100m

7-8 years, 9-10 years, 11-12 years, 13-14 years

50m

7-8 years

400m

7-8 years, 9-10 years, 11-12 years, 13-14 years

800m

7-8 years, 9-10 years, 11-12 years, 13-14 years

200m

7-8 years, 9-10 years, 11-12 years, 13-14 years

4 x 400m

7-8 years, 9-10 years, 11-12 years, 13-14 years

Order of FIELD Events at Meets

(Field events will run independent heats by gender simultaneous to the running events)

Shot Put

11-12 years, 13-14 years

Discus

11-12 years, 13-14 years

Javelin

7-8 years, 9-10 years, 11-12 years,
13-14 years

Standing Long Jump

7-8 years, 9-10 years

Running Long Jump

11-12 years, 13-14 years

High Jump

11-12 years, 13-14 years



Age Divisions (As noted on participant stickers)

2011-2012 (7-8 years old)

2009-2010 (9-10 years old)

2007-2008 (11-12 years old)

2004-2006 (13-15 years old)

Coach Contact:

For additional questions, please contact Nephi City Recreation Director John Bradley email jhbradley@nephi.utah.gov or call our office 623-1004. Thanks for your support!